

South Dayton School of Dance

2020-2021 Mandatory Health and Safety Policies & Procedures

Arrival/Dismissal

1. All faculty, staff, and students are required to check their symptoms daily before coming to SDSD. We ask that parents be vigilant of their family's health and **NOT** send anyone to SDSD under the following circumstances:
 - a. If you, your dancer, or someone in your home has experienced any of the following symptoms **in the last 3 days:**
 - i. Fever or chills
 - ii. Cough, dry or wet
 - iii. Shortness of breath or difficulty breathing
 - iv. Severe fatigue, muscle or body aches
 - v. New loss of taste or smell
 - vi. Sore throat
 - vii. Congestion or runny nose
 - b. If you, your dancer, or someone in your home has been in contact with someone diagnosed with COVID-19 or someone who has been in contact with a person who has been diagnosed with COVID-19.
 - c. If you, your dancers, or someone in your home has traveled to a restricted area (as defines by the local and state government and health authorities) in the last 14 days, or if you, your dancer, or someone in your home has been advised to self-quarantine.

**See quarantine procedures for further information surrounding COVID symptom development, direct contact, and confirmed case procedure.*

2. Our Lobby will be **CLOSED**. Only dancers will be allowed in the building at this time.
3. Dancers need to be dropped off at the back door of our building no more than 5 minutes before class.
 - a. Please enter the alley behind our building through the Loop Rd. entrance and exit by the Old Bag of Nails pub in order to help the flow of traffic. Please see the attached drop-off/Pick-up traffic pattern diagram.
 - i. Our back door is marked with several South Dayton School of Dance signs so that you can find it with ease.
 - b. Our back door will remain locked until 5 minutes before class.
4. Upon entering, faculty, staff, and dancers will be required to use hand sanitizer, which we will provide, will be checked to ensure they have their mask, and will have their temperature taken.
 - a. Parents should wait in their cars during this process as if your child has a temperature over 100.4 they will need to return to your car and they will not be permitted to participate in class until they have been fever free for at least 3 days with no fever reducing medication.
5. Dancers and Adult students who drive will need to park in the front of the building and use the beautiful lighted walkway between Pella Windows and the old Outback to enter through the back door.
6. Our Dressing Room is **CLOSED**.
 - a. We ask that all dancers come dressed in the proper dress code, with their hair done, and prepared for class. Dancers will take off any street clothes they have over their dancewear and place all items in a small pile at their barre spot or next to their square.
 - b. We ask that dancers come with only their dance shoes needed for that class and their water bottles.
 - i. We ask that all dancers bring their own water bottles and it be marked with their names as our drinking fountains will be turned off.
 - c. Older dancers may be permitted a small bag if needed to carry all their items, we ask that it be as small as possible. No large bags will be permitted in the building.
7. Dancers must be picked up in the front of our building promptly after their class, no later than 5 minutes after their scheduled class has ended.
 - a. We will be ending class 5 minutes early to allow students to exit before the next group enters.

- b. Our front door will remain locked until Miss Julie releases and supervises dancers to go out to your cars.
- 8. Our Lunchroom/Dancer Lounge is **CLOSED**. Food is not permitted in the building.
 - a. The only exception to this rule is dancers who have 3 or more classes in a row on a given day. These students may pack a granola bar or other pre-packaged snack to be eaten at barre spot with teacher permission only.
 - b. SDDT company dancers who have rehearsal that day may bring a quick snack that must be eaten at your barre spot in your previous class location (only available Monday 7:00-7:30 and Saturday 1:00-1:30)
 - i. Dancers will not have access to a refrigerator or microwave, so plan accordingly.
- 9. Dancers who have a break between classes longer than 15 minutes must be picked up following their first class and must be dropped off at the back door prior to the start of their next class.

Use of and Sanitation of Facilities

1. Disinfection of high contact surfaces, such as ballet barres, light switches, door handles, restrooms will be completed between every class.
2. Hand sanitizer and disinfection wipes will be available in every classroom, and throughout the facility.
3. All Dancers, faculty, and staff are **required to wear a mask** at all times while in the building.
 - a. We recommend bringing several changes of masks for our students who take longer classes or several classes in a row.
4. Dancers will not be permitted to leave their studio except to use the restroom or wash hands.
 - a. Please be advised that we are not able to help younger dancers use the restroom or redress after a restroom trip.
 - b. We highly suggest that you make sure your young dancers use the restroom at home before class.
5. Only 3 individuals are allowed in the Restroom at a time, and this is for restroom use or to wash hands only.
6. The drinking fountain will be off limits. Dancers must bring their own water bottles labelled with their name
7. The lost and found has been eliminated. Any items left behind will be disposed of, so please ensure dancers leave the building with all the personal belongings they came in with.
8. All heating and air conditioning units have been inspected, serviced, cleaned, and will remain on at all times to facilitate optimal air circulation.

In the Classroom

1. Dancers are required to wash their hands or apply hand sanitizer before entering the classroom, and after barre.
2. We have a strict number limit of 17 students in studio 1, 14 students in studio 2 and 10 students in studio 3.
 - a. All barres will be marked off to 6 feet spacing between students.
 - b. The floor will be gridded for center work to keep the 6-10 feet limit.
 - c. The perimeter of the studio will be marked for 6 foot spacing for when dancers are observing.
3. Dancers are not permitted to touch any other dancers and must always maintain a 6-foot distance from other students and teachers.
4. Teachers will not be touching students to correct.
 - a. If touching students is necessary for instruction of curriculum, teachers will wear gloves to be discarded directly after use on a single student.
 - b. The only other exception to this is in the event of an injury or emergency.
5. Dancers will not be allowed to dance barefoot at this time.
 - a. Modern and Improv classes that normally dance barefoot will be required to wear Ballet or Jazz shoes for the duration of the class.
6. We ask that all dancers taking jazz or modern classes bring their own yoga mat to lie on.
 - a. Please disinfect your yoga mat after leaving the building so that it is clean for the next use
 - b. Mats **will not** be provided by SDSD.
7. We ask that all dancers bring their own Thera Bands for pointe prep.
8. Activities or movement requiring student direct contact will not be executed.
 - a. This includes holding hands, partnering, weight sharing, etc.
9. Props will not be used in class until further notice.
10. As much as it breaks our hearts, end of class lollipops will not be given at this time. Please prepare your dancer with this information ahead of time.

Quarantine Procedures

Intermittent Quarantine

1. Quarantine Due to Symptoms

- An individual student or staff member who shows symptoms of COVID-19 should inform his or her teacher as soon as symptoms are discovered.
- Students/staff should immediately stay home until symptom free for 72 hours.
- Anyone showing symptoms will be referred for testing.
- While under symptom-based quarantine, virtual links will be sent for continued class participation.
 - Families of students who quarantine must let SDSD know at least 24 hours in advance to receive a virtual link.
 - If a staff member needs to quarantine, they will either teach remotely or a substitute teacher will be provided.

2. Quarantine Due to Direct Contact with COVID-19 Case

- Students/staff who have been within six feet of a confirmed COVID-19 case for fifteen consecutive minutes or more over the past ten calendar days, must stay home from dance for fourteen calendar days from the time they were last exposed to the infected individual or until they receive a negative COVID-19 test result.
 - This would include students dancing in classes immediately around the infected student/staff member.
 - This would likely not include other exposure in the facility, due to the time consistently being within six feet being less than fifteen consecutive minutes.
- While under COVID-19 quarantine, virtual links will be sent for continued class participation.

3. Quarantine Due to Confirmed COVID-19

- Students/staff and their families must work with their doctor, schools, SDSD, and the Montgomery County Health Department to contact trace all individuals the person has been within six feet of, over fifteen consecutive minutes of time, beginning the 48 hours prior to the onset of symptoms (for those cases that are symptomatic) or the 48 hours prior to the test being taken (for asymptomatic cases) and ending at the time the staff/student was isolated.
- Students/staff who are symptomatic must stay home, in the care of a doctor, until all the following criteria have been met:
 - Three days with no fever (without using fever reducing medication)
 - Other symptoms have improved
 - Ten days since symptoms first appeared
- Students/staff who are asymptomatic must stay home, in the care of a doctor, until ten days have passed since testing positive without any symptoms developing.
- These requirements are subject to change, based on CDC & ODH recommendations.
- While under confirmed COVID-19 quarantine, virtual links will be sent for continued class participation.

Long Term Closure/Quarantine

- With the governor's new color coded, tiered COVID-19 warning system, counties will be rated on a weekly basis. Montgomery County is currently on level 3. Depending on our level as a county, there could be strong restrictions placed on us by the county health department or the state government that we must adhere to.
- Should SDSD need to close for an extended period of time, we will move to a virtual class structure.

For the safety of our students and faculty, anyone not complying to the new policies and protocols set forth in this email will not be permitted to participate in any future classes.

Thank you for your continued cooperation and support. We cannot wait to dance with you soon!