

# South Dayton School of Dance

## 2021-2022 Mandatory Health and Safety Policies & Procedures

### Arrival/Dismissal

1. All faculty, staff, and students are required to check their symptoms daily before coming to SDSD. We ask that parents be vigilant of their family's health and **NOT** send anyone to SDSD under the following circumstances:
  - a. If you, your dancer, or someone in your home has experienced any of the following symptoms **in the last 3 days**:
    - i. Fever or chills
    - ii. Cough, dry or wet
    - iii. Shortness of breath or difficulty breathing
    - iv. Severe fatigue, muscle, or body aches
    - v. New loss of taste or smell
    - vi. Sore throat
    - vii. Congestion or runny nose
  - b. If you, your dancer, or someone in your home has been in contact with someone diagnosed with COVID-19.
2. Our Lobby will remain **CLOSED**. Only dancers will be allowed in the building at this time.
3. Dancers will need to be dropped off at the front door of our building no more than 5 minutes prior to their class. Dancers will be asked to wait on our dots that are spaced out to 6 feet.
  - a. Please **DO NOT** congregate in front of our door unless you are actively picking up your dancer
4. Our Dressing Room will remain **CLOSED**.
  - a. We ask that all dancers come dressed in the proper dress code, with their hair done, and prepared for class. Dancers will place all personal items in a small pile at their barre spot or next to their square.
5. Dancers must be picked up in the front of our building promptly after their class, no later than 5 minutes after their scheduled class has ended.
  - a. Dancers will be asked to wait on a dot until their parent is visible at our front door or an SDSD faculty or staff member escorts them out of the door.
6. Our Lunchroom/Dancer Lounge will remain **CLOSED**. Food is not permitted in the building.
  - a. The only exception to this rule is dancers who have 3 or more classes in a row on a given day. These students may pack a granola bar or other pre-packaged snack to be eaten at barre spot with teacher permission only.
7. Dancers who have a break in their classes longer than 15 minutes are not permitted to remain in the building.
  - a. The Only exception to this is SDDT dancers on Monday evenings between 7:00pm and 7:30pm and Saturday afternoons between 1:00pm and 1:30pm

### Use of and Sanitation of Facilities

1. Disinfection of high contact surfaces, such as ballet barres, light switches, door handles, restrooms will be completed between every class.
2. Hand sanitizer and disinfection wipes will be available in every classroom, and throughout the facility.
3. **Masks are required at this time** for dancers, faculty, and staff.
  - a. All SDSD Faculty and staff are fully vaccinated.
4. Dancers will not be permitted to leave their studio except to use the restroom or wash hands.

### In the Classroom

1. Dancers will be given the option to wash their hands or apply hand sanitizer, before and after class as well as in between barre and center.
2. SDSD instructors will do their best to keep dancers as distanced as possible during class.
3. We ask that all dancers bring their own TheraBands for pointe prep.

## Quarantine Procedures

### Intermittent Quarantine

#### 1. Quarantine Due to Symptoms

- An individual student or staff member who shows symptoms of COVID-19 should inform SDSD via email or phone as soon as symptoms are discovered.
- Students/staff should immediately stay home until symptom free for 72 hours.
- Anyone showing symptoms will be referred for testing.
  - If you and your student choose to get tested and they test positive, your dancer must remain at home for a minimum of 10 days from the date the test was taken or until they are symptom free for 72 hours. If your student tests negative, we ask that you keep your student home until they are symptom free for 72 hours and then they are permitted to return to dance.
  - If you and your student choose not to get tested, your dancer must remain at home for a minimum of 10 days and until they are symptom free for 72 hours.
- While under COVID-19 quarantine, virtual links will be sent for continued class participation for dancers in Ballet 5, Modern 1, Jazz 3, Tap 3 and higher. Dancers in Ballet 4, Jazz 2, Tap 2 and lower will need to schedule dates to make up their classes.
  - Families of students who quarantine must let SDSD know at least 24 hours in advance to receive a virtual link.
  - If a staff member needs to quarantine, they will either teach remotely or a substitute teacher will be provided.

#### 2. Quarantine Due to Direct Contact with COVID-19 Case

- Students who have been within six feet of a confirmed COVID-19 case for fifteen consecutive minutes or more over the past five calendar days, must monitor their symptoms but are permitted to continue attending class. If symptoms are discovered, please follow protocol in Section 1 of Quarantine Procedures.
- The only exception to the above is students who have an immediate family member that they live with that shows symptoms or tests positive for COVID-19. In this case the student must remain home for 5 days from the family member's positive test or are permitted to return with a negative test (PCR or Antigen Test).
  - Students in this situation will need to isolate from the family member that has tested positive to continue to attend classes. If this is not possible, the student will need to remain home for 5 days.

#### 3. Quarantine Due to Confirmed COVID-19

- Students/staff and their families must work with their doctor, schools, SDSD, and the Montgomery County Health Department to contact trace all individuals the person has been within six feet of, over fifteen consecutive minutes of time, beginning the 48 hours prior to the onset of symptoms (for those cases that are symptomatic) or the 48 hours prior to the test being taken (for asymptomatic cases) and ending at the time the staff/student was isolated.
- Students/staff who are symptomatic must stay home, in the care of a doctor, until all the following criteria have been met:
  - Two days with no fever (without using fever reducing medication)
  - Other symptoms have improved
  - Five days since symptoms first appeared
- When students return after having a confirmed case of COVID-19 are required to be very diligent in their mask wearing and use an abundance of caution in keeping their distance from other dancers during periods where they would not be wearing a mask (ex. Water breaks, dinner breaks, etc.)
- Students/staff who are asymptomatic must stay home, in the care of a doctor, until 5 days have passed since testing positive without any symptoms developing.

**Should SDSD need to close for an extended period of time, we will move to a virtual class structure.**

**For the safety of our students and faculty, anyone not complying to the new policies and protocols set forth in this email will not be permitted to participate in any future classes.**

**Thank you for your continued cooperation and support. We cannot wait to dance with you soon!**